



The Renal Traveller

DIALYSIS TRAVEL PASSPORT

*Track your dialysis treatments.
Travel confidently.*





About Me

The Renal Traveller



Full Name



Country of Residence



Date of Birth



Nationality



Emergency Contact (Name & Phone)



Home Dialysis Center or Physician



Physician Contact Info



Blood Type



Medical Notes /Considerations

Place your
favorite travel
photo here

This passport belongs to someone who carries
both courage and curiosity - no matter the destination.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Renal Traveller Booking Reference:

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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You're not alone. You're in good hands -
just like home.

Renal Traveller Essentials #1



Keep your medications,
medical reports, and
doctor's contact details in
your carry-on – always.

*Each traveller is different. Always consult your
doctor before applying any travel advice.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

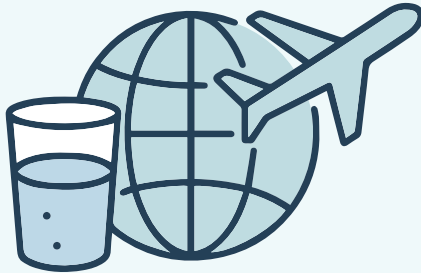
Notes or Observations:

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Renal Traveller Essentials #2



Long flights can cause fluid shifts - always ask your doctor how to adjust your fluid intake before flying

This tip is informational. Always consult your nephrologist before changing your hydration plan.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #3



Crossing time zones? Let
your clinic and nephrologist
know in advance - your
dialysis schedule might need
adjusting

*Travel can affect your dialysis routine. Always
consult your care team before adjusting your
treatment times.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #4



New country, new cuisine?
Stick to familiar renal-safe
foods - and ask before
trying anything new.

*Always check with your renal care team before
trying unfamiliar foods or supplements.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #5



Airports can be
overwhelming - don't
hesitate to ask for assistance
or early boarding. You
deserve a smooth journey.

If you need mobility support, early boarding, or other special assistance, inform your airline and dialysis clinic before your travel day.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

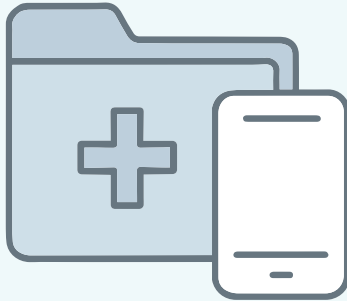
Notes or Observations:

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Renal Traveller Essentials #6



Keep printed and digital
copies of your medical
documents, prescriptions,
and recent blood tests with
you - just in case.

Make sure your medical records are updated and accessible before every trip - and always review them with your care team in advance.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #7



Keep a list of emergency contacts: your home nephrologist, insurance provider, and local embassy.

Share this plan with your travel partner or family before departure.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #8



Always confirm if your
travel insurance or
EHIC/GHIC covers dialysis
abroad — and check how
payments will be handled at
your destination.

*Policies differ by country. Contact your insurer and
your clinic in advance to avoid surprises.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #9



Secure your dialysis sessions before booking flights and hotels. Clinics abroad may have limited capacity. Early planning avoids last-minute stress.

Renal Traveller lets you compare availability and book in minutes.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #10



Ask if your destination clinic provides patient transport, or arrange reliable travel before your first session.

Allow extra time on treatment days for safe arrival.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #11



Always confirm the session price in advance. Bring local currency or valid cards for your stay.

Renal Traveller shows upfront clinic pricing where available.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #12



Always carry your most recent lab test results - they give new clinics a clear picture of your health and help ensure safe, personalized care.

Share your latest lab results with every new clinic before starting treatment to support accurate and safe dialysis.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #13



Know your dry weight and
treatment plan details -
this helps clinics abroad
adjust your session safely.

*Always confirm your dry weight, fluid goals, and
medication list with your new clinic team.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

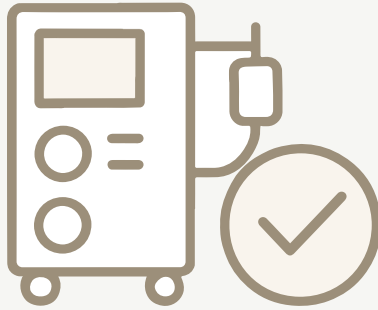
Notes or Observations:

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Renal Traveller Essentials #14



Check in advance which
dialysis machine type the
clinic uses - confirm
compatibility with your
needs.

*Ask your care team if the clinic's machine settings
suit your treatment.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #15



Know the average
treatment duration at your
destination - some clinics
may run longer or shorter
sessions.

*Discuss expected session length with the clinic to
plan your travel schedule properly.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #16



Bring a small comfort kit -
headphones, blanket, or
favorite snack (if allowed)
can make long dialysis
sessions abroad easier.

*Check with your clinic about what personal items
are permitted during treatment.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #17



Carry a small health phrase card: phrases like ‘I am on dialysis’ or ‘I need a clinic’ in the local language can be lifesaving.

Even a few translated phrases can speed up communication in emergencies.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #18



Keep a backup list of your medications and dosages on paper - not just on your phone.

Written medication lists help clinics in case of device loss or technical issues.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #19



Check local transport apps
or maps to estimate travel
time to the clinic before
your first session.

*Always allow extra time for unexpected delays when
traveling to your appointment.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #20



Check your vaccination status before traveling - some destinations may require proof for entry or clinic safety.

Always discuss vaccination requirements and travel health with your care team in advance.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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CLINIC
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You're not alone. You're in good hands -
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Renal Traveller Essentials #21



Make sure your travel partner understands your dialysis routine - support makes journeys smoother.

Share your schedule and emergency contacts with anyone traveling with you.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #22



Carry the contact details of
your home nephrologist -
clinics abroad may need to
consult them.

*Sharing your doctor's contact helps clinics coordinate
your care effectively.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #23



Save your clinic's address
and directions offline -
Wi-Fi may not always be
reliable when you need it.

*Confirm the clinic's address and contact number
before your first visit.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #24



Pack comfortable clothing for dialysis sessions - loose sleeves and layers make treatment easier and more pleasant.

Wear clothes that allow easy access to your fistula or catheter during treatment.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

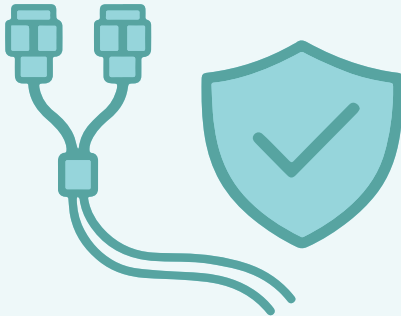
Notes or Observations:

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Renal Traveller Essentials #25



Know your vascular access
care routine - share it with
staff to prevent
complications.

*Always show new clinics how you care for your
access site at home.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

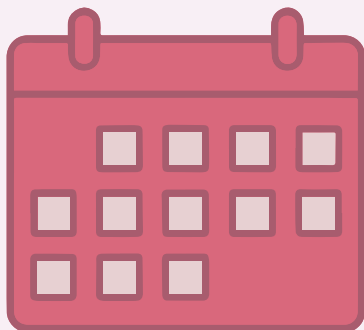
Notes or Observations:

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Renal Traveller Essentials #26



Plan rest days around
dialysis - allow recovery
time between sessions to
enjoy your trip fully.

*Dialysis can be tiring - schedule extra rest to keep
travel safe and enjoyable.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

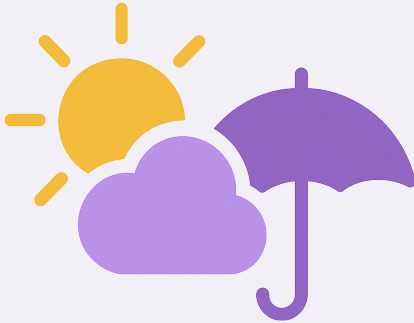
Notes or Observations:

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Renal Traveller Essentials #27



Check local weather and
pack appropriately -
treatment days are easier
when you're comfortable.

*Avoid overheating or chilling on travel days, as this
may affect your wellbeing during dialysis.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #28



Adjust your treatment days
to fit your travel itinerary -
but never skip or shorten
sessions.

*Any schedule changes must be approved by your
nephrologist before travel.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #29



Check the water quality at your destination - some clinics use local water systems that may differ from what you're used to.

Discuss with your nephrologist if water quality at your destination may impact your treatment.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #30



Protect yourself from
infections: bring personal
hand sanitizer, face masks,
and always check the
clinic's hygiene practices.

*Follow hygiene practices recommended by your
care team during travel and treatments.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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CLINIC
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You're not alone. You're in good hands -
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Renal Traveller Essentials #31



Ask clinics abroad if they
provide heparin or if you
must bring your own
medication.

*Medication protocols differ worldwide - confirm
before your first session.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

Notes or Observations:

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Renal Traveller Essentials #32



Keep local currency ready -
taxis, small clinics, or
pharmacies may not accept
international cards.

*Always carry a safe amount of local currency for
clinic visits and emergencies.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

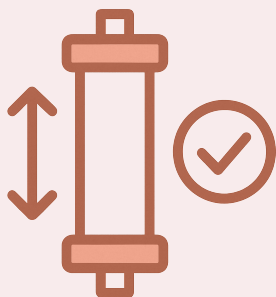
Notes or Observations:

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Renal Traveller Essentials #33



Ask about dialyzer type and size - it may differ between countries and could affect your treatment.

Confirm dialyzer settings with your home nephrologist and the destination clinic.

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

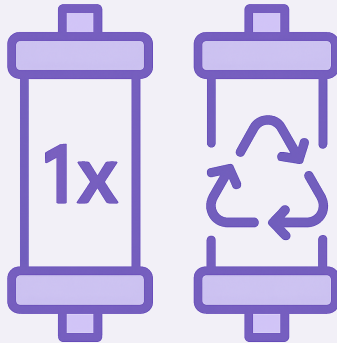
Notes or Observations:

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Renal Traveller Essentials #34



Check if your clinic abroad
uses single-use or reusable
dialyzers - this can vary by
country.

*Ask your care team if you have preferences for
single-use vs. reprocessed dialyzers.*

Clinic Visit Record

This page is for renal travellers to record a dialysis
stop during their journey.

Clinic Name:

Country / City:

Clinic Address:

Emergency Phone Number:

Email:

Check-in Date / Check-out Date:

Number of Dialysis Sessions:

Booking Code / Reference (optional):

Attending Doctor or Nurse:

Doctor/Nurse Signature:

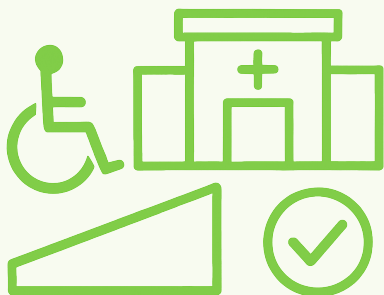
Notes or Observations:

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Renal Traveller Essentials #35



Check accessibility if you have mobility needs - ask if the clinic has lifts, ramps, or wheelchair access.

Confirm access details before travel to ensure a safe and comfortable visit.

Your Journey Inspires Others.

*Every page of your journey carries the spirit
of courage and discovery.*

**Pass it forward — tell someone living with dialysis
about the Renal Traveller Passport.**

Together, we're redefining what's possible — showing
that travel with dialysis isn't a dream to give up, but a
life to keep living, fully and freely.

Share the Journey

Pass the passport forward.

Share the link or the QR code below — and help
someone on dialysis see that their next trip is possible.



www.renaltraveller.com/passport

Learn more and join our community at:

 info@renaltraveller.com  www.renaltraveller.com

 [@RenalTraveller](https://www.instagram.com/RenalTraveller)



The Renal Traveller

*Honoring the resilience of those living
with dialysis who choose to keep
exploring the world.*



Visit: www.renaltraveller.com